

DR. WEIN'S SURGERY INSTRUCTIONS

Please read carefully

On the day of surgery, **you will need an adult to drive you** to and from the hospital, even if your surgery requires no sedation, unless anesthesiology at hospital tells you otherwise.

Do not eat or drink **anything after midnight** the night before surgery even if your surgery requires no sedation, unless anesthesiology at hospital tells you otherwise.

Do not take the following medications for **seven days** leading up to surgery:

- Anti-inflammatory drugs including:
Ibuprofen, Motrin, Aleve, Advil, Etodolac, Meloxicam, Naprosyn, Relafen, etc. (Celebrex is ok to take)
- Vitamin E supplements and Fish Oil Supplements
- Herbal Supplements if they have anti-inflammatory or blood-thinning properties. Please check with your pharmacist if you are unsure about your supplement.
- If your doctor has instructed you to take aspirin daily, do not stop taking unless instructed to do so by your doctor or cardiologist.

ADDITIONAL INFORMATION and IMPORTANT CONTACTS

Dr. Wein does surgery at Rex Hospital and Raleigh Orthopaedic Surgery Center on Tuesdays and Fridays.

Surgery Scheduler

Salene Miller at 919-863-6810 – will call you within five business days to set up a date for your surgery. (Please note that worker's comp surgeries cannot be scheduled until authorized – this process may take longer than five days).

We will contact your **insurance company** for surgery authorization and/or precertification. You may contact Kari Taylor, patient account liaison, at 919-863-6852 for information about out-of-pocket expenses related to your surgery.

Work forms, FMLA, and disability forms:

Contact administrative assistant Nicole Pitcher at 919-863-6864 (fax 919-863- 6821; email: npitcher@raleighortho.com). These forms can be faxed, emailed, mailed, or dropped off at one of our office locations. Please allow a few days for these forms to be completed.

Surgery-related questions or concerns:

Contact clinical assistant Heather Szymankiewicz at 919-781-5600 ext 5659 (voicemail only). If urgent, please use ext 5070 for triage.